



WOMEN AND SUICIDE

Is this Workshop for You?

Do you work with women from a holistic perspective? Women typically fulfil many roles and responsibilities, and both external pressures and internal states of distress can escalate quickly and substantively. Those who work with women can play a significant role in saving and enriching women's lives.

The specific vulnerabilities for women deserve their own specialised consideration. This workshop will equip you to better assist women at various points across the life span, in managing alcohol and other substances, through trauma and abuse, in forensic settings and those with intellectual disabilities or cognitive difficulties. We explain gender differences in suicide, help seeking and vulnerabilities for suicide.

This workshop will equip you with best practice approaches and a multidisciplinary perspective. We will consider risk, protective and moderating factors and the identification of warning signs.

Workshop Details

Dates & Venue - See Website for details

Times - 1 days (8:30-4:30, with breaks)

Catering - Deliciously provided. Enjoy!

APS CPD PTS - 7 hours

Training Materials - All included. Just turn up!

Variations and Extra Resources - On request.

PS: Follow-up or stand-alone consultation services are available. Complement your training with a professional review of your systems, procedures and environment.

Content Inclusions

This training provides a range of supportive information and skill development exercises. The screening, assessment, referral and management practices have been tailored to the specific needs of a female target group.

Specific focus areas include:

- > Immediate needs, supports and self-care
- > Research, trends and statistics
- > Lethal and non-lethal suicidal behaviour and non-suicidal self-injury (NSSI)
- > Factors that converge to increase risk
- > Points of vulnerability associated with women's use of substances
- > Trauma, neglect and development
- > Factors impacting women across life stages
- > Chronic / static, acute / dynamic and protective / moderating factors
- > Trauma history and fluctuating suicidality
- > Mental ill-health / disorders
- > Protocol selection and application in formulation and treatment planning
- > Using a multidisciplinary approach



Phone: 0406 935 225 | PO Box 178, Engadine NSW 2233
Email: carmen@suicideriskassessment.com.au | www.suicideriskassessment.com.au

We're saving lives ... through you!