



FOUNDATIONS OF SUICIDE RISK ASSESSMENT

Is this Workshop for You?

You've probably heard that suicide is at a critical state in Australia. The ABS released its latest data in September 2017, and it makes alarming reading. Suicide remains the leading cause of death for Australians aged between 15 and 44. Rates have increased for children under 14, and for 15 to 24-year-olds, they are the highest they have been for 10 years*.

As a professional practitioner, having a foundation knowledge of suicidality is non-negotiable. Duty of care, legal and ethical factors are at play; perhaps most importantly however, if you know what to look for and how to respond, you can save a life!

This program delivers core skills and information without getting bogged down in situation specifics. It is an ideal foundational training opportunity.

Workshop Details

Dates & Venue - See Website for details

Times - 1 days (8:30-4:30, with breaks)

Catering - Deliciously provided. Enjoy!

CPD PTS - 7 hours

Training Materials - All included. Just turn up!

Variations and Extra Resources - On request.

PS: Follow-up or stand-alone consultation services are available. Complement your training with a professional review of your systems, procedures and environment.

*See Mindframe-Media.info and YouthBeyondBlue.com/footer/stats-and-facts

Content Inclusions

This workshop is designed to equip you with the foundational skills, experience and knowledge to save a life.

Specific focus areas include**:

- > Identifying immediate personal needs, supports and self-care strategies
- > Debunking common myths regarding suicide and non-suicidal self-injury (NSSI)
- > Correct terminology and language use
- > Evidence based documentation principles
- > Differentiating chronic/static, acute/dynamic and moderating/protective factors
- > Identifying risk factors and warning signs
- > Key features of better and best practice assessment principles
- > Review of different risk assessment protocols; e.g. CAMS, Square, SAK, STARS & C-SSRS
- > Choosing and applying skills in the assessment of suicidality through role plays
- > Responding to imminent risk situations on site, off site and via telephone
- > Applying principles specific to your environment
- > Implementing a Suicide Safety Plan
- > Collaboration in a multidisciplinary setting



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We're saving lives ... through you!