



ENGAGING WITH SUICIDALITY

Is this Workshop for You?

This is an introductory workshop for those who may know the principles of suicide assessment, but are yet to apply them in therapeutic settings. Clinicians who are looking to consolidate their knowledge of suicidality through experiential learning, will find this an engaging and empowering workshop.

This workshop provides the foundation skills necessary to assess suicidality in most circumstances, perform Suicide Safety Planning, Means Restriction counselling and more. This is an excellent companion workshop to our Foundations program.

Our final focus is on self-care, to help you develop strategies that will support your long term welfare and effectiveness.

Workshop Details

Dates & Venue - See Website for details

Times - 1 days (8:30-4:30, with breaks)

Catering - Deliciously provided. Enjoy!

CPD PTS - 7 hours

Training Materials - All included. Just turn up!

Variations and Extra Resources - On request.

PS: Follow-up or stand-alone consultation services are available. Complement your training with a professional review of your systems, procedures and environment.

Content Inclusions

This training focuses on applied skills and practice in the assessment and engagement process for clients experiencing suicidality.

Specific focus areas will be applied using role plays and group work, include:

- > Engagement, assessment and interview techniques
- > Suicide Safety Planning
- > Means Restriction Counselling
- > Collaborative management principles

Given the immersive nature of role plays and group work required in the application of principles presented herein, we emphasise the need for participants to practice self management and self care throughout the day. Although we are ever mindful of the impacts of working with suicide as a subject matter, the self care component of this training does not replace your commitment to consistent self care practice throughout the day.

Please bring your workplace / service existing suicide assessment protocol so we can ensure the techniques learned are suited to your needs.



Phone: 0406 935 225 | PO Box 178, Engadine NSW 2233
Email: carmen@suicideriskassessment.com.au | www.suicideriskassessment.com.au

We're saving lives ... through you!