



## CHILDREN, ADOLESCENTS & SUICIDAL BEHAVIOUR

### Is this Workshop for You?

Suicide rates have increased for children under 14, and for 15 to 24-year-olds, they are the highest they have been for 10 years\*. Clearly the topic has relevance to our culture. If you work with children and/or adolescents, competence is non-negotiable.

Your duty of care obligations are significant and you must be able to defend your decisions, but from a more positive perspective, you are probably ideally positioned to save a life.

The aim of the workshop is to increase your knowledge and best practice capabilities.

### Workshop Details

**Dates & Venue** - See Website for details

**Times** - 1 days (8:30-4:30, with breaks)

**Catering** - Deliciously provided. Enjoy!

**CPD PTS** - 7 hours

**Training Materials** - All included. Just turn up!

**Variations and Extra Resources** - On request.

**PS:** Follow-up or stand-alone consultation services are available. Complement your training with a professional review of your systems, procedures and environment.

\* abc.net.au 30NOV16 (Search 8076780)

\*\* Additional resources and variations available on request.

### Content Inclusions

This training includes screening and assessment of suicidality, referral and management practices, and maximising collaborative and systems based interventions\*\*.

Specific focus areas include:

- > Self-care and managing difficult responses triggered by reflection on suicidology
- > Limitations in applying suicide data
- > Self-injury behaviours associated with suicide and variances across age groups
- > Recognising risk factors, warning signs and causal mechanisms precipitating suicidal crises (case examples)
- > Applying SMART principles to a treatment, management and collaborative plan
- > Addressing specific client needs
- > Developing skills in emotional regulation, distraction and distress tolerance
- > Key principles when working in school and community care systems (case example)
- > Developing capacity appropriate Safety Plan commensurate with the environment
- > Exploration and application of de-escalation and intervention toolbox



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*We're saving lives ... through you!*