

## Hypothetical Case Example - Jacob

Live Webinar – 11<sup>th</sup> January 2021 9.30 – 11.00 AEDT

Register in advance for this meeting:

<https://us02web.zoom.us/join/8iQgXaj3b0WsZo0vq0r>

### Learning objectives:

1. Practice safe, technically appropriate and respectful terminology
2. Identify warning signs and triggers for potential escalations in suicide risk for Royal
3. Evaluate benefits and limitations of screening tools

### Assumptions of participants

Completed up to Module 5 of workshop

### Preparation

- NIL

### After the webinar

- Practice skills

### Royal – 14 years old

- Royal has come to see you with their mother. They are dressed in gender neutral clothes, with their hair cropped short. They don't offer eye contact and hold their arms across their chest and shoulders as though to conceal developing breasts.
- reception, before any opportunity to confirm consent and intake processes, Royal's mother blurts her distress that Royal is 'trying to be a boy' and that 'you have to do something about it'.

You settle the situation and continue with Royal.

- Royal confirms that they do not identify as female and that this has caused problems at school, at home and in the community.
- You complete your usual intake assessment and ask "how bad has it got?"
- Royal talks about having been punched at school early in the year and from that time, whenever they hear anything about being 'queer' or LGBTI, it causes distress.
- Royal estimates that this has almost become a daily occurrence due to bullying on social media, the school bus and in the community.
- They also report significant conflict in the home, particularly with Dad who refuses to use Royal's name and instead, calls them 'Queero'
- Royal disclosed having cut their thighs more regularly in recent weeks, something Mum & Dad are not aware of. The most recent was yesterday when 'forced' to see you after a serious fight with Mum. Sometimes this occurs when thinking about death.
- You complete the C-SSRS (paediatric) baseline tool (*we will go through this together*)