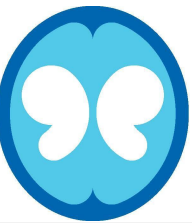


Conference Speaker

Dr Kaine Grigg FAPS

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Mental
Vitality



Why Kaine? Why SRAA?

In just three statements...

- ⦿ Exceptional industry experience
- ⦿ Audience engagement and trust
- ⦿ Industry expert with knowledge of current and emerging evidence



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INSPIRATION

Professional Speaker



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INSPIRATION

Kaine has been invited to speak and present at the following 2019 events:

- Mental Health & Suicide Prevention Forum, an event developed in partnership with Lifeline
- Insight: Australia's leading forum for debate

Kaine has previously presented at a number of Australian and international conferences and has published peer reviewed articles in both Australian and international journals.

Kaine has also delivered countless face to face workshops across Australia.

Passionate Professional

Kaine is a passionate mental health professional that lives and breathes his work.

Kaine founded a Fremantle-based and a Western Australian statewide mental health promotion charity, FremantleMind Inc. and MyLocalMind Inc. These grass roots organisations aim to contribute to the development of healthy minds and resilient local communities by filling gaps in existing community mental health systems with nuanced evidence-based services.

Kaine has contributed to the field of mental health by supervising teams of mental health professionals in custodial settings and Provisional Psychologists in the community setting.



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Subjects of Interest

- Suicide prevention in at-risk populations
- Least restrictive suicide prevention: Managing at-risk individuals in the community
- Grass roots and community-wide approaches to mental health and wellbeing promotion as a means of suicide prevention

Or discuss your audience needs and co-design your ideal presentation

Dr Kaine Grigg FAPS



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Kaine is a Clinical Psychologist with experience working across the lifespan in clinical and forensic settings.

As a clinician working through roles as Youth Worker, Outreach Worker, and Clinical Psychologist he worked with a broad range of age groups and populations in diverse settings. Kaine's work has included residential alcohol and other drug withdrawal units, community health services, forensic mental health hospitals, prisons, juvenile detentions facilities as well as court assessment clinics. Kaine works both as a clinician and an AHPRA approved clinical supervisor. Part of an innovative community mental health treatment program, Kaine currently works in Youth Hospital in the Home for 16 to 24 year olds who are mentally unwell or otherwise at-risk. Kaine also coordinates two mental health promotion charities: WA statewide MyLocalMind Inc. and Fremantle-based subsidiary FremantleMind Inc.

His research interests have included cross-cultural interactions, with research on the negative mental health effects of perceived racism, developing an attitudinal measure and scale of racial, ethnic, cultural and religious acceptance, the outcome from his Doctoral research being the Racism, Acceptance, and Cultural-Ethnocentrism Scale (RACES). Kaine is formerly trained in a range of CBT-based therapies (CT, ACT, and MBCT) and Motivational Interviewing. Kaine has formal training Gatekeeper, ASIST and safeTALK suicide prevention.

Kaine has authored a number of articles based on the RACES scale, but importantly, has also shared his knowledge and skill with respect to suicide prevention in Australian correctional settings, co-authoring the article Considerations for Suicide Prevention in Australia's Prisons.

Kaine is based in Perth, Western Australia, being a fantastic local contact for SRAA in the western region.

Qualifications: Doctor of Psychology (Clinical) Specialising in Forensic Psychology

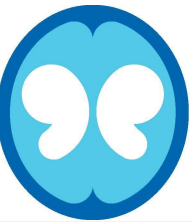
Contact

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