# Conference Speaker

Carmen Betterridge

SRAA @ 2018



Carmen Betterridge
Principal Psychologist
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### Why Carmen? Why SRAA?

#### In just three statements...

- Exceptional industry experience
- Audience engagement and trust
- Industry expert with knowledge of current and emerging evidence















#### Professional Speaker

Carmen has been a keynote speaker and presenter in 2018 at the following events, with excellent feedback:

- Corrective Services NSW Psychology Conference
- National Suicide Prevention Australia Conference
- Australia and New Zealand Society for Occupational Medicine

She has also hosted webinars for the Mental Health Professional Network on Suicide Prevention in the Defence Forces and delivered countless face to face workshops and forums across Australia.





## Subjects of interest







Suicide prevention in the context of psychological injury



Suicide Prevention and Occupational Rehabilitation:
 Enhancing competence and collaborative relationships



Safety Planning and Means Restriction: Critical suicide specific interventions



Or discuss your audience needs and co-design your ideal presentation





TRUST











## Carmen Betterridge

#### BSc(Psych), GDipAppPsy, GDipIndigH, MForMentH, MSuicidology, MAPS, MIASP, MANZSOM, MSIA

Carmen is a Registered Psychologist with postgraduate qualifications in Indigenous Health, Forensic Mental Health and Suicidology.

She is Director and Principal Psychologist with Suicide Risk Assessment Australia, a national provider of training, supervision and consultation services specific to suicide prevention. Carmen continues to practice in a medico-legal setting, undertaking assessments of psychological injury, psychological capacity for occupational rehabilitation and damages claims.

She is a Lecturer with Australian Institute of Suicide Research and Prevention (Griffith University), and under Jacinta Hawgood, is a Primary Facilitator of the Screening Tool Assessing Risk of Suicide (STARS). She has worked as an Expert Witness to the QLD Coroner in cases of suicide as well performing pre-employment psychological screening for high risk – high consequence professions.

She is member of the APS Suicide Guidelines Working Group in addition to being a member of an international committee examining the impact of client suicide on workers. Carmen is particularly passionate about supporting practitioners impacted by client suicidality, as well as those who have personally experienced suicidality.

Carmen is a member of the Australian Psychological Society, the Australian Safety Institute and the Australian and New Zealand Society of Occupational Medicine. She is also a member of the International Association for Suicide Prevention.



#### Contact

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